

Parent Checklist

Keep records of child's photograph, height, weight and fingerprints.

(Update every 6 months! Next update date: ____ / ____ / ____)

Don't use child's first name on labels for supplies.

Make a mental note each day of what your child is wearing.

Keep an up-to-date list of their friends' names, phone numbers, email addresses and their parents' contact information.

Check out references and know who they are when hiring a babysitter.

Never leave child unattended at home, in the car or in a public place.

Accompany young children to the restroom when you are in a public place.

Tell your child who they should turn to in case of an emergency – identify a neighbor who can be trusted.

Establish an emergency plan in case your child gets lost. Identify a meeting place if convenient or tell them to stay put until you find them.

Make sure they memorize your number so they can ask someone to call you.

Tell them never to go with a stranger to find you – you will come to them.

Know where your child is going and who they are with.

Tell them about the risks of abduction in an age appropriate way.

★ Communicate with your child! Try not to scare them, but make sure they take their own safety seriously.

